

Bereavement Support Group at BHC

The upcoming season of Passover is a time of renewal and rededication to the things that make our lives meaningful. For those of us who have lost loved ones in the recent past, this time can be very difficult. The pain we have faced is often magnified. The empty chair at the table may transform a time of healing into a time of sadness.

Your Baltimore Hebrew Congregation family understands that you or someone you love might be in need of some special care at this time. Therefore, we are offering a six-week bereavement group entitled "When You've Lost A Loved One," a chance for you or a family member to be supported by your community.

Robert Cohen, Ph.D., PA, will be our facilitator. The group will meet for six Sunday mornings.

You may also wish to attend our Yizkor service on Friday, April 29, 10 AM, to find moments of spiritual comfort and meaning.

Bereavement Support

Beginning Sunday, April 10, 10:30 AM

What: "When You've Lost A Loved One"
Bereavement Support Group

Who: BHC members who have recently lost a loved one

Time: 10:30 AM

When: Sundays, April 10, 17 and May 1, 8, 15 & 22

Where: Baltimore Hebrew Congregation
7401 Park Heights Avenue
Baltimore, MD 21208

There is no charge to attend.

INFO & RSVP:

Carol J. Caplan, Chair, BHC Cares,
410-764-1587, ext. 270



BALTIMORE HEBREW CONGREGATION

Progressive. Dynamic. Diverse.



"We bereaved are not alone. We belong to the largest company in all the world--the company of those who have known suffering." ~ Helen Keller